



11th AFRICAN GYMNASTICS CHAMPIONSHIPS 2012
(RG, TRA, AER)
Pretoria, SOUTH AFRICA (RSA), 08-14 December 2012

DIRECTIVES

Dear UAG affiliated Member Federation,

Following the decision of the UAG, the South African Gymnastics Federation has the pleasure to provide information related to the organisation of the 11th African Gymnastics Championships 2012 in Rhythmic Gymnastics (RG), Trampoline Gymnastics (TRA) and Aerobic Gymnastics (AER).

Please find herein below the Invitation letter and the Directives.

| | |
|------------------------|---|
| DISCIPLINES | Rhythmic Gymnastics (RG) Trampoline Gymnastics (TRA) <i>(Trampoline, Double-mini Trampoline, Tumbling)</i> Aerobic Gymnastics (AER) |
| HOST FEDERATION | Federation Address: 39 Boshof Avenue Newlands, 7700 Cape Town SOUTH AFRICA Chief Executive Officer: Ms. Elizabeth Cameron-Smith Project Manager / Organising Committee: Mr. Tseko Mogotsi Tel: +27 (0) 21 674 2377 Fax: +27 (0) 21 671 4094 E-mail: info@sagf.co.za Website: www.sagf.co.za |
| LOCATION | Pretoria City of Tshwane Metropolitan Municipality Gauteng Province SOUTH AFRICA (RSA) |
| DATES | From 08 to 14 December 2012 |
| VENUE | Rembrandt Hall, Sports Centre University of Pretoria Tshwane, SOUTH AFRICA Tel: +27 (0) 12 420 6078 Fax: +27 (0) 86 502 4177 E-mail: Annatjie.VanDerWalt@up.ac.za Website: www.up.ac.za |



Left, Rembrandt Hall (Hall 1):
 RG, TRA, DMT, TUM: Hall 1 - 1,600sqm
 Seating Capacity: 3,000 seats
 Warm-up Areas: Hall 2A and 2B
 AER Competition: Hall 3
 Committee and Lecture Rooms available.

| APPARATUS SUPPLIER | Aerobic: | Gymnova - Ref. 6630 - Sports aerobic floor - FIG approved (*) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------------------------|--|--|-------------------|-----|-------|-------|-----|-----|-------|--------------------|---|---|---|---|---|----|--------------|---|---|---|---|---|----|-------|----|----|----|----|----|----|-----------------|----|----|----|----|-------|------|-----------------|----|----|----|----|-------|------|--------|---|---|---|---|---|----|-----------------|---|---|---|---|---|----|--------|----|----|----|----|----|----|
| | Rhythmic: | Gymnova - Ref. 6667 - Complete rhythmic gymnastic competition floor - FIG approved | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Trampoline: | Eurotramp, Eurotramp Grand Master Exclusive Premium Ref 08100, 4x4 nylon web bed, FIG Approved | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | DMT: | Eurotramp: Double-Minitramp 190 , FIG certificate, item 23000 Double-Minitramp 190 , FIG Certificate | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Tumbling: | <u>Gymnova - Ref. 6296 - Novatrack One - FIG approved</u> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| RULES AND REGULATIONS | <p>The event will be organized under the following FIG and UAG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Technical Regulations • Code of Points 2009 • General Judges' Rules • Specific Judges' Rules • Doping Control Rules • Media Rules • Apparatus Norms • Advertising and Publicity Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| FEDERATIONS INVITED | The Organizing Member Federation will invite all UAG Member Federations in good standing. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Participation and FIG License | <p>Junior and senior gymnasts in good standing with the correct age and holding a valid License may participate. The Organizing Committee will be responsible for checking the validity of the license.</p> <p>The maximum size of the invited delegation is as follows:</p> <table border="1" data-bbox="472 1675 1433 1977"> <thead> <tr> <th>Delegation member</th> <th>RG</th> <th>TRA</th> <th>DMT</th> <th>TUM</th> <th>AER</th> <th>Joint</th> </tr> </thead> <tbody> <tr> <td>Head of Delegation</td> <td>-</td> <td>-</td> <td>-</td> <td>-</td> <td>-</td> <td>01</td> </tr> <tr> <td>Team Manager</td> <td>-</td> <td>-</td> <td>-</td> <td>-</td> <td>-</td> <td>02</td> </tr> <tr> <td>Coach</td> <td>02</td> <td>02</td> <td>02</td> <td>02</td> <td>02</td> <td>10</td> </tr> <tr> <td>Gymnasts Junior</td> <td>10</td> <td>04</td> <td>04</td> <td>04</td> <td>*(21)</td> <td>(43)</td> </tr> <tr> <td>Gymnasts Senior</td> <td>10</td> <td>04</td> <td>04</td> <td>04</td> <td>*(21)</td> <td>(43)</td> </tr> <tr> <td>Doctor</td> <td>-</td> <td>-</td> <td>-</td> <td>-</td> <td>-</td> <td>01</td> </tr> <tr> <td>Physiotherapist</td> <td>-</td> <td>-</td> <td>-</td> <td>-</td> <td>-</td> <td>01</td> </tr> <tr> <td>Judges</td> <td>03</td> <td>03</td> <td>03</td> <td>03</td> <td>03</td> <td>10</td> </tr> </tbody> </table> <p>* In AER delegations are allowed to submit 2 entries per category (IM, IW, MP, TRIO, GRP). An additional coach is permitted if more than 8 entries submitted. * In RG an additional coach will be permitted for each Group entered.</p> | | Delegation member | RG | TRA | DMT | TUM | AER | Joint | Head of Delegation | - | - | - | - | - | 01 | Team Manager | - | - | - | - | - | 02 | Coach | 02 | 02 | 02 | 02 | 02 | 10 | Gymnasts Junior | 10 | 04 | 04 | 04 | *(21) | (43) | Gymnasts Senior | 10 | 04 | 04 | 04 | *(21) | (43) | Doctor | - | - | - | - | - | 01 | Physiotherapist | - | - | - | - | - | 01 | Judges | 03 | 03 | 03 | 03 | 03 | 10 |
| Delegation member | RG | TRA | DMT | TUM | AER | Joint | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Head of Delegation | - | - | - | - | - | 01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Team Manager | - | - | - | - | - | 02 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Coach | 02 | 02 | 02 | 02 | 02 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Gymnasts Junior | 10 | 04 | 04 | 04 | *(21) | (43) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Gymnasts Senior | 10 | 04 | 04 | 04 | *(21) | (43) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Doctor | - | - | - | - | - | 01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Physiotherapist | - | - | - | - | - | 01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Judges | 03 | 03 | 03 | 03 | 03 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| | | | | | | | | |
|-------------------------------|---|---|--------------------------|-----------------------|--------------------------|------------------------|-------------------------|-------------------------|
| AGE LIMITS | RG: Junior:13-15 Senior: 16 TRA: Junior:13-17, Senior: 17 AER: Age-Group 1: 12-14, Age-Group 2: 15-17, Senior: 18 | | | | | | | |
| REGISTRATION DEADLINES | Please note that the provisional registration is not compulsory, only the definitive and nominative deadlines are compulsory. <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Provisional registration</td> <td style="text-align: center;">06 August 2012</td> </tr> <tr> <td>Definitive registration:</td> <td style="text-align: center;">05 October 2012</td> </tr> <tr> <td>Nominative registration</td> <td style="text-align: center;">06 November 2012</td> </tr> </table> | | Provisional registration | 06 August 2012 | Definitive registration: | 05 October 2012 | Nominative registration | 06 November 2012 |
| Provisional registration | 06 August 2012 | | | | | | | |
| Definitive registration: | 05 October 2012 | | | | | | | |
| Nominative registration | 06 November 2012 | | | | | | | |
| ENTRY FEES | The Entry fee for this event will be: 100 USD per attending member federation. The invited participating federations must pay entry fees at the time of the Definitive registration (05 October 2012) to the UAG. The entry fee is not refundable. | | | | | | | |
| ACCREDITATION | Regarding accreditation procedures for all participating delegation members, electronic ID photographs must be sent via email to the OC within the deadline set for the Nominative registration. Note: The OC will be checking the validity of the gymnast's Licenses. No gymnast will be accepted without a valid FIG License at the deadline of the Nominative registration. | | | | | | | |
| EVENT FORMAT | The African Championships will comprise of Qualifications and Finals and will determine winners in each category, including Apparatus, All Around/Final, and Team. | | | | | | | |
| PROVISIONAL SCHEDULE | Date | Activity | | | | | | |
| | 08 December 2012 | Arrival of Delegations Accreditation + Free Training | | | | | | |
| | 09 December 2012 | Scheduled Training Podium Training (AER) Orientation Meetings & UAG Technical Assembly | | | | | | |
| | 10 December 2012 | Scheduled Training Podium Training (RG, TRA) Judges Meetings Competition Day 1 (AER Only Prelims & Finals) <i>Welcome Function</i> | | | | | | |
| | 11 December 2012 | Scheduled Training (RG, TRA) Competition Day 2 (RG, TRA) <i>Opening Ceremony</i> | | | | | | |
| | 12 December 2012 | Scheduled Training (RG, TRA) Competition Day 3 (RG, TRA) | | | | | | |
| | 13 December 2012 | Scheduled Training (RG, TRA) Competition Day 4 (RG, TRA) <i>Final Banquet</i> | | | | | | |
| | 14 December 2012 | Departure of Delegations | | | | | | |
| EVENT MANAGER | Name: Mr. Tseko Mogotsi Mobile: +27 (0) 82 886 0850 Fax: +27 (0) 11 782 5290 E-mail: tseko@sagf.co.za Website: www.sagf.co.za | | | | | | | |
| MEDICAL SERVICES | Emergency Medical Team on site with stand-by Ambulance. Event Doctor on call. | | | | | | | |

| | |
|-------------------------------------|--|
| VISA | <p>Please verify immediately with your travel agent or the South African Embassy or Consulate in your country if a visa is required for your travel to South Africa (RSA). The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 06 November 2012 to the OC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p> |
| INSURANCE | <p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. The OC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the OC in advance.</p> |
| INTERNATIONAL TRANSPORTATION | <p>The invited participating federations must pay for the travel costs of their delegation members. Port of entry for delegations flying into South Africa is the O.R. Tambo International Airport in Johannesburg. The travel schedule form must be returned to the OC by 06 November 2012.</p> |
| LOCAL TRANSPORTATION | <p>Local transport will be free of charge from/to the O.R. Tambo International Airport in Johannesburg, and the hotel, as well as from/to the hotel and the competition, Training, and Warm-up hall.</p> <p>The Travel Schedule Form must be returned to the OC by 06 November 2012.</p> |
| ACCOMMODATION | <p>The invited participating federations must pay for the accommodation and meals expenses of their delegation members.</p> <p>The cost per person / night is 50 EURO.</p> <p>At the time of Definitive registration (05 October 2012) 50% of the costs for the accommodation and meals must be paid to the OC. The remainder of the payment must be paid to the OC at the deadline for Nominative registration (06 November 2012).</p> <p>Accommodation Fees are non-refundable after Nominative registration is confirmed (06 November 2012).</p> |
| FINAL BANQUET | <p>The Final Banquet will be free of charge. All participating delegation members are welcome to attend the Final Banquet.</p> |
| JUDGES AND JURIES | <p>The participating member federations must send two qualified judges per discipline/event in which they submit entries (i.e. each for AER, RG, TRA, DMT and TUM). All participating judges must have a current valid FIG brevet.</p> <p>Failure to provide judges as mentioned above will result in an OC charge of 1500 USD to the federation concerned (non-refundable). This fine must be paid to the OC by 06 November 2012.</p> |

| | | |
|---------------------------------|--|------------------|
| BANK ACCOUNT INFORMATION | <u>UNION AFRICAINE DE GYMNASTIQUE</u> Banque de Développement local Agence Emir Abdelkader 03 Place Emir Abdelkader 1600 – Alger – ALGERIE ➤ IBAN N°: 005 170 457 117813 ➤ CODE SWIFT BDL0DZAL ➤ Compte N° 005 170 457 117813 | |
| | <u>SOUTH AFRICAN GYMNASTICS FEDERATION</u> Account: SAGF Bank: Nedbank Branch: Cresta Branch Code: 191 305 Account Number: 191 320 7536 Swift Code: NEDSZAJJ Reference Code: AFCH2012 The participating federation is responsible for covering all bank fees in connection with the bank transfers. | |
| MARKETING | FIG advertising and publicity norms must be respected. | |
| DEADLINES SUMMARY | Provisional Registration | 06 August 2012 |
| | Definitive Registration | 05 October 2012 |
| | Nominative Registration | 06 November 2012 |
| | Accommodation Form | 06 November 2012 |
| | Travel Schedule Form | 06 November 2012 |
| | Visa Request Form | 06 November 2012 |
| | Payment of the Entry Fee | 05 October 2012 |
| | Payment of 50% Accommodation Costs | 05 October 2012 |
| | Payment of 100% Accommodation Costs | 06 November 2012 |
| | Payment of the fine for missing judge | 06 November 2012 |

Sincerely Yours,

Johannesburg, 11 May 2012

.....
Place and date:



.....
Jerry Masia
President of the FIG affiliated NF

SAGF



South African Gymnastics Federation
 39 Boshof Avenue
 Newlands 7700
 Tel: 27(0) 21 674 2377
 Fax: 27(0) 21 671 4094
 E-mail: sagymct@yebo.co.za