



**International Tournament of Artistic Gymnastic of
Pas-de-Calais,
Cups of city of Arques (FRANCE)
From 13th December till 14th December 2013**



DIRECTIVES

Event ID: 6431

Dear FIG affiliated Member Federation,

The Gymnastics Federation of France has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISPLINE	Mens Artistic Womens Artistic
HOST FEDERATION	Fédération Française de Gymnastique 7 ter Cour des Petites Ecuries 75010 PARIS Tél + 33 1 48 01 24 48 www.ffgym.com contact@ffgym.fr
LOCAL ORGANING COMMITTEE	AMGA LARGE Thierry, Director Complexe Gymnique 78 Avenue PM France 62510 ARQUES FRANCE phone number 00 33 21 39 01 82 fax number 00 33 21 38 52 91 e-mail amgagymtournoi@gmail.com web site www.arques-gym.fr
LOCATION	Arques - Pas de Calais Located in the north of France, 40km from Calais, 60 Km from Lille, 250 Km from Paris.
DATES	From 13 to 14 December, 2013
VENUE	International Tournament of Artistic Gymnastic of Pas-de-Calais, Cups of city of Arques (FRANCE) From 13 th December till 14 th December 2013 phone number 00 33 21 39 01 82 fax number 00 33 21 38 52 91 e-mail amgagymtournoi@gmail.com web site www.arques-gym.fr
APPARATUS SUPPLIER	GYMNOVA
RULES AND REGULATIONS	The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Technical Regulations• Code of Points and relevant Newsletters• General Judges' Rules• Specific Judges' Rules• Doping Control Rules

	<ul style="list-style-type: none"> • Media Rules • Apparatus Norms • Advertising and Publicity Rules • FIG License Rules • FIG Rules for Sanctioning (approval) of International Events and subsequent decisions of the FIG Executive Committee 						
FEDERATIONS INVITED	<p>The Organizing Member Federation will invite all Member Federations according to the following principles:</p> <p>all FIG member federation</p>						
AGE LIMITS	<p>- <u>Category</u>:</p> <ul style="list-style-type: none"> ✓ Junior : gymnasts WAG born from 1998 till 2000 ✓ Senior : gymnasts WAG born 1997 and front 						
REGISTRATION DEADLINES	<p>Please insert the deadlines for your event. Please note that the provisional registration is not compulsory, only the definitive and nominative deadlines are compulsory.</p> <table border="1"> <tr> <td>Definitive registration:</td> <td>28th October 2013</td> <td>Must be filled in</td> </tr> <tr> <td>Nominative registration</td> <td>18th November 2013</td> <td>Must be filled in</td> </tr> </table>	Definitive registration:	28 th October 2013	Must be filled in	Nominative registration	18 th November 2013	Must be filled in
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ENTRY FEES	<p>Every delegation will have to fulfill rights of commitment for participation in the tournament to know 40 euros by team.</p>						
ACCREDITATION	<p>Each delegation should be composed of the following:</p> <ul style="list-style-type: none"> - 1 Head of delegation - 2 Gymnasts for the juniors/seniors WAG - 1 coach by team - 1 international judge by team, with current valid FIG brevet 						
COMPETITION FORMAT	<p>* <u>Technical rules</u>:</p> <p>WAG <i>Junior/Senior</i>: Code of Point 2013-2016 FIG. <i>Age group</i>: ditto that for junior/senior only</p> <ul style="list-style-type: none"> - Exit authorized C = 0.5 B = 0.3 A = 0.1 - 2 identical jumps or 2 different jumps whatever the flight for qualification and final for apparatus <p>TEAM'S COMPETITION and QUALIFICATION</p> <p>3 or 4 teams by apparatus for junior/senior. 2 teams warm up for 2 minutes then compete (the exhibition order is drawn by the organizer). The next team or the 2 other teams warm up during 2 minutes then compete. It will be the same exhibition order during all competition. The gymnasts and coaches will have to follow the group's leaders (estafettes), to respect established discipline and all the plateau leader's directives, to wait for the end of every rotation before changing apparatus and to come before beginning of the warming up by apparatuses. Every coaches will watch on the respect of the time of warm-up to guarantee the best possible competitions No protest will be accepted</p> <p>APPARATUS FINAL</p> <p>At the end of the junior/senior general competition, the first eight gymnasts of each apparatus will participate in the apparatus final on Saturday, December 4th. If one or more finalist could not participate in the final, the ninth and</p>						

	<p>following could have access to that final.</p> <p>The general warm-up is free.</p> <p>The age group's final will begin by the asymmetrical bars and the junior/senior final by the pommel horse.</p> <p>The eight finalists of those finals come in the competition area all together.</p> <p>The first 4 athletes of each final warm up during 2 minutes, and then compete (the exhibition order will be drawn by the organiser)</p> <p>Then, the last 4 athletes warm up during 2 minutes, and then compete</p> <p>That 8 finalists of that finals go out of the competition area all together</p> <p>The official finals ceremony will be organised at the end of the competition.</p> <p>Between each apparatus, to permit all athletes to come and go easily in their final, a demonstration will be shown to the public.</p>
PROVISIONAL SCHEDULE	<p>Thursday, December 12 , 2013 :</p> <p>⇒ Arrival of delegations</p> <p>⇒ From 4:30 pm till 7:00 pm : Free training at the competition hall</p> <p>⇒ 8:30pm : Technical Meeting and drawing of the sponsors at the hotel</p> <p>Friday, December 13 , 2013 :</p> <p>JUNIOR / SENIOR WAG:</p> <p>⇒ From 9:30 am till 11:30 am : Free training at the competition hall</p> <p>⇒ From 6:00 pm till 6:30 pm : General warm-up</p> <p>⇒ From 6:30 pm till 7:30 pm : Warm-up by apparatus (4 times 15')</p> <p>⇒ 7:30 pm : Opening ceremony</p> <p>⇒ 7:40 pm : Beginning of the competition</p> <p>⇒ 9:40 pm : Formal closing ceremony and announcement of the qualified gymnasts for the apparatus finals</p> <p>Saturday, December 14th , 2013 :</p> <p>FINALS :</p> <p>⇒ 1:30 pm : Meeting of the judges</p> <p>⇒ From 1:00 pm till 1:20 pm : General warm-up</p> <p>⇒ From 1:20 pm till 2:20 pm : Free warm-up for apparatus</p> <p>⇒ 2:30 pm : Opening ceremony</p> <p>⇒ 2:40 pm : Beginning of the competition</p> <p>⇒ 4:45 pm : Closing ceremony</p> <p>⇒ 8 pm : Final Banquet</p>
MEDICAL SERVICES	<p>A medical room and a medical team will be at your disposal from Thursday 12th December, under the supervision of the Doctor Christophe POPINEAU specialized in sport. He will be accompanied by Christian ARDOUIN physio-therapists.</p>
VISA	<p>Please verify immediately with your travel agent or the Embassy or Consulate in your country if a visa is required for your travel to Arques in France. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 18 November 2013 to the OC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation (except for gymnasts and judges). The OC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient</p>

	insurance cover must inform the OC in advance.															
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The organizer will take in his load the transport of the delegation at her arrival in the airport or at the railway station as well as expenses of transport of the room of competition in the airport or in the railway station for the return of the delegation as well as the local transfers of gymnasium in the hotel.</p> <p>The Travel Schedule Form must be returned to the OC by annex1.</p>															
LOCAL TRANSPORTATION	<p>Airports:</p> <p>Lille Lesquin (1h00)</p> <p>ParisCharles-de-Gaulle (2h30)</p> <p>Charleroi Bruxelles-Sud (2h10)</p> <p>Railway:</p> <p>Saint Omer: 10'</p> <p>Hazebrouck: 20'</p> <p>Calais: 45'</p> <p>Lille Europe or Lille Flandres: 1h</p>															
ACCOMMODATION	The organizer will take care of the 3 nights from December 12 th till December 14 th															
MEALS	The organizer will take care of the restoration of the delegation from Thursday, December 12 th till Sunday, December 15 th , 2013 morning.															
FINAL BANQUET	FAREWELL PARTY WILL BE OFFERED BY THE OC TO ALL ACCREDITED PERSONS saturday 14 th 2013															
JUDGES AND JURIES	1 international judge by team, with current valid FIG brevet															
MARKETING	FIG advertising and publicity norms must be respected															
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ADDITIONAL INFORMATION	www.arques-gym.fr															

Sincerely Yours,



Place and date:

Stamp

Signature of the President or
Secretary General of the FIG affiliated NF