

GYMNASTICS TECHNICAL HANDBOOK



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Version 3.0



Celebrate the Extraordinary

The information provided in this publication is accurate at the time of production.

For updates, please refer to <https://www.seagames2015.com/noc-relations>.

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All updates in this technical handbook are reflected in **BLUE**.

1 Key Contacts

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1.5 Singapore SEA Games Organising Committee (SINGSOC)

The 28th SEA Games organised by the Singapore SEA Games Organising Committee (SINGSOC) consists of a wide and diverse representation from the Singapore government ministries and agencies, as well as distinguished organisations and individuals from the private and people sectors.

The Chairperson of all SINGSOC committees and their respective designations are as follow:

Committee	Name	Designation
Advisory Committee	Mr. Teo Chee Hean	Deputy Prime Minister; Coordinating Minister for National Security; and Minister for Home Affairs
Steering Committee	Mr. Lawrence Wong	Minister for Culture, Community and Youth; and Second Minister for Communications and Information
National Olympic Committee & Sport Advisory Sub-Committee	Dr. Tan Eng Liang	Vice President, Singapore National Olympic Council
Sponsorship & Marketing Advisory Sub-Committee	Mr. Richard Seow	Chairman, Sport Singapore
Community Engagement and Outreach Advisory Sub-Committee	Mr. Stanley Tan	Chief Executive Officer, Global Yellow Pages
Inter-Ministry Committee	Ms. Yeoh Chee Yan	Permanent Secretary, Ministry of Culture, Community and Youth
Executive Committee	Mr. Lim Teck Yin	Chief Executive Officer, Sport Singapore

2 Key Information



2.1 Key Dates and Activities

Date	Time	Activity	Venue
2 June 2015	09:00 14:00	Judges Meeting (MAG) Orientation Meeting (MAG/WAG)	Bishan Sports Hall Bishan Sports Hall
3 June 2015	09:00	Judges Meeting (WAG)	Bishan Sports Hall
12 June 2015	09:00 14:00	Judges Meeting (RG) Orientation Meeting (RG)	Bishan Sports Hall Bishan Sports Hall

3 General Competition Schedule (All Sport)

Please note that this is a tentative schedule and may be subjected to change. For updates, please refer to <https://www.seagames2015.com/noc-relations>.

Competition Day	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	
	26	27	28	29	30	31	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
Sport	-10	-9	-8	-7	-6	-5	-4	-3	-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	16
Aquatics – Swimming											OC												CC
Aquatics – Diving																							
Aquatics – Synchronised Swimming																							
Aquatics – Water Polo																							
Archery																							
Athletics																							
Badminton																							
Basketball																							
Billiards and Snooker																							
Bowling																							
Boxing																							
Canoeing																							
Cycling																							
Equestrian																							
Fencing																							
Floorball																							
Football																							
Golf																							
Gymnastics (Artistic)																							
Gymnastics (Rhythmic)																							
Hockey																							
Judo																							
Netball																							
Pencak Silat																							
Pétanque																							
Rowing																							
Rugby 7s																							
Sailing																							
Sepaktakraw																							
Shooting																							
Softball																							
Squash																							
Table Tennis																							
Taekwondo																							
Tennis																							
Traditional Boat Race																							
Triathlon																							
Volleyball																							
Waterski																							
Wushu																							

Legend		Training/ Familiarisation/Meetings		Competition Day	OC	Opening Ceremony	CC	Closing Ceremony
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4 Events and Quotas

4.1 Events

Gymnastics will have three (3) disciplines in the 28th SEA Games: Men's Artistic Gymnastics (MAG), Women's Artistic Gymnastics (WAG) and Rhythmic Gymnastics (RG). Rhythmic Gymnastics is a female-only discipline.

Men's Artistic Gymnastics (MAG) has a total of six (6) individual apparatuses: Floor Exercise, Pommel Horse, Rings, Vault, Parallel Bars and Horizontal Bar. There will be Apparatus Finals on all six (6) apparatuses. In addition, there are Individual All-Around and Team events.

Women's Artistic Gymnastics (WAG) has a total of four (4) individual apparatuses: Vault, Uneven Bars, Balance Beam and Floor Exercise. There will be Apparatus Finals on all four (4) apparatuses. In addition, there are Individual All-Around and Team events.

Rhythmic Gymnastics (RG) has a total of four (4) individual apparatuses: Hoop, Ball, Clubs and Ribbon, and will feature only the Individual All-Around. For the Group event, the program consists of two (2) exercises: one (1) with a single type of apparatus and the other with two (2) types of apparatuses and will feature only the Group All-Around.

No.	Discipline	Event	Men's	Women's
1	Artistic Gymnastics	Vault	✓	✓
2		Uneven Bars		✓
3		Balance Beam		✓
4		Floor Exercise	✓	✓
5		Pommel Horse	✓	
6		Rings	✓	
7		Parallel Bars	✓	
8		Horizontal Bar	✓	
9		Team	✓	✓
10		Individual All-Around	✓	✓
11	Rhythmic Gymnastics	Individual All-Around		✓
12		Group All-Around		✓
Total Events (by Gender)			8	8
Total Events (Gross)			16	

4.2 NOC Quota

The 28th SEA Games Gymnastics Competition is reserved for teams representing the National Olympic Committee affiliated to the SEA Games Federation and the Southeast Asian Gymnastics Zone (SEAGZONE). Only athletes who comply with the conditions laid down in the SEA Games Federation Charter and Rules and FIG Rules are entitled to participate.

4.2.1 Artistic Gymnastics

Each NOC may be represented by a maximum of six (6) male and six (6) female athletes. Each NOC may enter a team of four (4) to six (6) gymnasts in the Men's and Women's

events. A maximum of three (3) individual gymnasts may compete in the Qualification Round of the Men's and Women's events.

In accordance with FIG Technical Regulations, the minimum age of participants for Men's Artistic Gymnastics (MAG) and Women's Artistic Gymnastics (WAG) must be at least eighteen (18) years old and at least sixteen (16) years old respectively, as of 31 December 2015.

4.2.2 Rhythmic Gymnastics

Each NOC may enter a maximum of two (2) female gymnasts to compete in the Individual events. For the Group event, each NOC may enter up to six (6) female gymnasts, of which five (5) shall be assigned to compete in each of the Group apparatus.

In accordance with FIG Technical Regulations, the minimum age of participants must be at least sixteen (16) years old, as of 31 December 2015.

5 Competition Information

5.1 Daily Competition Schedule

Correct as at time of circulation. For updates, please refer to <https://www.seagames2015.com/noc-relations>.

All events listed in the ‘Events’ column are for both men and women, unless otherwise specified.

Date	Time	Event
2 June 2015 (Day -3)	08:30 – 20:30	<u>Men’s Artistic Gymnastics (MAG)</u> <u>Women’s Artistic Gymnastics (WAG)</u> Training (MAG) Training (WAG)
3 June 2015 (Day -2)	07:30 – 18:00 11:30 – 21:30	<u>Men’s Artistic Gymnastics (MAG)</u> <u>Women’s Artistic Gymnastics (WAG)</u> Podium Training (MAG) Training (WAG)
4 June 2015 (Day -1)	08:00 – 19:00 12:30 – 22:30	<u>Men’s Artistic Gymnastics (MAG)</u> <u>Women’s Artistic Gymnastics (WAG)</u> Training (MAG) Podium Training (WAG)
5 June 2015 (Day 0)	07:30 – 12:30	<u>Men’s Artistic Gymnastics (MAG)</u> <u>Women’s Artistic Gymnastics (WAG)</u> Training (MAG) Training (WAG)
6 June 2015 (Day 1)	07:30 – 18:00 11:30 – 21:30	<u>Men’s Artistic Gymnastics (MAG)</u> <u>Women’s Artistic Gymnastics (WAG)</u> Qualification and Team Final (MAG) Training (WAG)
7 June 2015 (Day 2)	12:30 – 18:00 07:30 – 22:30	<u>Men’s Artistic Gymnastics (MAG)</u> <u>Women’s Artistic Gymnastics (WAG)</u> Qualification and Team Final (WAG) Training (MAG & WAG)
		<u>Men’s Artistic Gymnastics (MAG)</u>

Date	Time	Event
8 June 2015 (Day 3)	10:30 – 14:00 15:30 – 18:30 07:30 – 21:00	<u>Women's Artistic Gymnastics (WAG)</u> Individual All-Around (MAG) Individual All-Around (WAG) Training (MAG & WAG)
9 June 2015 (Day 4)	13:30 – 18:00 11:30 – 20:30	<u>Men's Artistic Gymnastics (MAG)</u> <u>Women's Artistic Gymnastics (WAG)</u> Individual Apparatus: Floor Exercise, Pommel Horse, Rings (MAG) Individual Apparatus: Vault, Uneven Bars (WAG) Training (MAG & WAG)
10 June 2015 (Day 5)	13:30 – 18:00 11:30 – 14:00	<u>Men's Artistic Gymnastics (MAG)</u> <u>Women's Artistic Gymnastics (WAG)</u> Individual Apparatus: Vault, Parallel Bars, Horizontal Bar (MAG) Individual Apparatus: Balance Beam, Floor Exercise (WAG) Training (MAG & WAG)
11 June 2015 (Day 6)	08:00 – 22:00	<u>Rhythmic Gymnastics (RG)</u> Training (Individual All-Around) Training (Group All-Around) Changeover to Rhythmic Gymnastics
12 June 2015 (Day 7)	08:00 – 22:00	<u>Rhythmic Gymnastics (RG)</u> Training (Individual All-Around) Training (Group All-Around)
13 June 2015 (Day 8)	08:30 – 13:30 12:30 – 16:30	<u>Rhythmic Gymnastics (RG)</u> Podium Training (Individual All-Around) Podium Training (Group All-Around)
14 June 2015 (Day 9)	08:30 – 14:00 12:30 – 17:00	<u>Rhythmic Gymnastics (RG)</u> Individual All-Around Group All-Around

5.2 Competition Venue

5.2.1 Bishan Sports Hall

Location

Situated in the central part of Singapore, the Bishan Sports Hall is part of the Bishan Sports Complex, which includes the Bishan Stadium.

History

The Bishan Sports Hall has been the de-facto venue for the Singapore Open Gymnastics Championships since 2004. The ASEAN Schools Artistic and Rhythmic Championships and PESTA SUKAN Gymnastics Championship were also held at this venue in 2003 and 2004 respectively. In 2010, the Hall hosted the Gymnastics competition for the inaugural Youth Olympic Games (YOG).

Bishan Sports Hall is the training venue for Singapore's national Gymnastics team. Schools, clubs and Gymnastics coaches also use the hall for various youth development and training programmes.

6 Games-Time Training

6.1 Training Policies

Pre-Games training will be allocated to all NOCs three (3) days prior to the start of the competition for the sports (including familiarisation, if necessary) and this does not include the day of the Opening Ceremony. Training sessions are strictly by allocation; no change and addition of training requests are allowed. NOCs are required to notify the Sport Information Desk if NOCs do not intend to use the allocated training session.

6.2 Training Venues

Bishan Sports Hall will be the official Games training venues for Gymnastics.

6.3 Training Schedules

Detailed training schedules will be issued to NOCs upon arrival.

6.3.1 Pre-Competition Training

Venue	:Bishan Sports Hall
Date	:2-5 June 2015 (MAG, WAG) 11-13 June 2015 (Rhythmic Gymnastics)
Time	:08:30 to 20:30 (2 June 2015) 07:30 to 21:30 (3 June 2015) 08:00 to 22:30 (4 June 2015) 07:30 to 12:30 (5 June 2015) 08:00 to 22:00 (11-12 June 2015) 08:30 to 16:30 (13 June 2015)

6.3.2 Training During Competition

Venue	:Bishan Sports Hall
Date	:6-10 June 2015 (MAG, WAG)
Time	:07:30 to 21:30 (6 June 2015) 12:30 to 22:30 (7 June 2015) 07:30 to 21:00 (8 June 2015) 11:30 to 20:30 (9 June 2015) 11:30 to 14:00 (10 June 2015)

6.4 Equipment at Training Venue

Janssen-Fritsen Gymnastics equipment will be used at the training venue.

7 Competition Procedures, Rules and Regulations

7.1 Technical Organisation

The Singapore Gymnastics (SG) is responsible for and has full control of the technical organisation of the 28th SEA Games Gymnastics Competition with the guidance of FIG and SEAGZONE, in consultation with the International Technical Delegate when necessary.

7.2 Artistic Gymnastics

The Artistic Gymnastics competition (Men's and Women's) consist of the following events:

- a. Individual Qualification (Competition I) and Team Final (Competition IV)
- b. Individual All-Around Final (Competition II)
- c. Individual Apparatus Final (Competition III)

The sequence of performances on apparatus for Artistic Gymnastics is as follow:

- Men's event: Floor Exercise, Pommel Horse, Rings, Vault, Parallel Bars, Horizontal Bar;
- Women's event: Vault, Uneven Bars, Balance Beam, Floor Exercise.

7.2.1 Competition Format

- Team Finals and Qualifying Individual for Competitions II & III (Competition I)

Results obtained in Competition I will determine qualification for Competitions II and III, and also serve as Team Final.

Competition I is organised by rotation of groups. A group shall comprise a team of four (4) to six (6) gymnasts from the same NOC, or a mixed group of individual gymnasts from different NOCs. A team shall provide for not more than five (5) gymnasts to compete on any single piece of apparatus and the four (4) highest scores on each apparatus will be taken into account for the team total.

To qualify for the Vault Finals, two (2) vaults are necessary. The qualifying score is based on the average of the two (2) scores. For the Individual All-Around and for the Team ranking, only the first vault will count in accordance with FIG Technical Regulations.

The results of Competition I will not be carried forward to Competitions II and III, and will be the result for Team total. The team total will be composed of the four (4) highest scores on each of the six (6) apparatus (for men) and four (4) apparatus (for women).

- Individual All-Around Final (Competition II)

This competition determines the Individual All-Around champions. The competition consists of six (6) optional exercises for men and four (4) optional exercises for women.

The top twenty-four (24) gymnasts from Competition I will take part in this competition (with a maximum of two (2) per NOC). Results of Competition I are not carried forward to Competition II.

Qualified gymnasts for Competition II may be replaced by their NOC with one (1) of its other gymnasts at their discretion provided that the said replacement has obtained a superior result to that of the first reserve gymnast. The replacement gymnast will fill the position in the draw of the replaced gymnast (FIG Technical Regulations Section 2 Reg. 5.1.7).

- Individual Apparatus Finals (Competition III)

These comprise Finals on each piece of apparatus to determine the winner. The results of the Finals determine the champion on each apparatus.

On each apparatus, the eight (8) gymnasts (with a maximum of two (2) per NOC) who have obtained the highest scores on such apparatus, in the course of Competition I, perform an exercise (which on Vault means two (2) vaults) on the apparatus in question.

Qualified gymnasts for Competition III may be replaced by their NOC with one (1) of its other gymnasts at their discretion provided that the said replacement has obtained a superior result to that of the first reserve gymnast. The replacement gymnast will fill the position in the draw of the replaced gymnast (FIG Technical Regulations Section 2 Reg. 5.1.7).

7.2.2 Judging

Artistic Gymnastics is a judgment sport with a panel of six (6) Judges for Competitions I and eight (8) Judges for Competitions II and III, presiding over each apparatus.

The six (6) Judges for Competitions I and the eight (8) Judges for Competitions II and III are broken down into two (2) panels. The Difficulty (D) panel (two (2) Judges) calculates the D score, which is the score a gymnast receives based on the content of the Routine. The Execution (E) panel (four (4) Judges in Competition I and six (6) Judges in Competitions II and III) determines deductions from the maximum possible score (10.00) based on the execution of the Routine.

7.2.3 Tie-Break Procedures

All ties for qualification to Competition III will be broken in accordance with FIG Technical Regulations. Otherwise no other ties will be broken.

7.2.4 Disqualification Rules

There are two (2) types of disqualification: Disqualification as a result of a breach of the FIG Technical Rules and Regulations (decisions are made by the Competition Jury), and

disqualification as a result of infringing recognised sport ethics and rules (e.g. positive doping control) (decisions are made by the SEA Games Federation and FIG authorities). A gymnast can be expelled from the competition.

7.3 Rhythmic Gymnastics

The Rhythmic Gymnastics competition consists of the following events:

- a. Individual All-Around Finals (Competition II)
- b. Group All-Around Finals (Competition II)

7.3.1 Competition Format

- Individual All-Around Finals (Competition II)

The 28th SEA Games Rhythmic Gymnastics Individual Competition consists of an exercise on each of the four (4) prescribed apparatuses. The classification is made by adding the four (4) scores obtained from the four (4) apparatuses. The winning gymnast is one who has obtained the highest total number of points from the four (4) apparatuses. There will be no qualification competition. The first and single session of competition will determine the final Individual All-Around rankings and winners.

The four (4) prescribed apparatuses for the Rhythmic Gymnastics Individual Competition are Hoop, Ball, Clubs, and Ribbon. The competition duration of each exercise is 1 minute 15 seconds to 1 minute 30 seconds.

- Group All-Around Finals (Competition II)

The Group Competition consists of two (2) exercises performed by five (5) gymnasts working as a group. The classification is decided by the total number of points obtained on the two (2) exercises. The winning group is the group with the highest total number of points from the two (2) exercises. There will be no qualification competition. The first and single session of competition will determine the final Group All-Around rankings and winners.

For the Group Competition exercises, the first exercise will be performed with five (5) identical apparatus (Ribbons). The second exercise will be performed with two (2) different apparatuses (six (6) Clubs and two (2) Hoops). This program of apparatuses is the same as that of which is decided by the FIG Technical Committee for the 2015 World Championships. The competition duration of each exercise is 2 minutes 15 seconds to 2 minutes 30 seconds.

7.3.2 Judging

Rhythmic Gymnastics is a judgement sport with one (1) panel of eight (8) Judges to calculate the Final Score (F).

The D Judges evaluate the number and the level of Difficulties and the E Judges evaluate the Execution (music, choreography and movements, technique of the body movements, technique with the apparatus).

7.3.3 Tie-Break Procedures

All ties in the Final will be broken in accordance with FIG Technical Regulations.

7.3.4 Scoring Penalties

Scoring penalties are incurred for major mistakes or misconduct such as loss and retrieval of apparatus, leaving the floor area, using non-standard apparatus, broken apparatus, and contact of the apparatus with the ceiling, communication by the coach or group members during the exercise. There is also a stringent dress code for outfits regarding the cut and fit of the leotard. Penalties range from 0.10 to 2.00 points per occurrence.

7.4 Official Draw

The Official Draw shall be conducted at the Orientation Meeting by the SEAGZONE Secretary General or a Delegate and the Singapore SEA Games Organising Committee (SINGSOC) based on the final entry form by name and according to the FIG, SEAGF and SEAGZONE Technical Regulations. The results shall be sent to all the participating NOCs.

7.5 Inquiries and Appeals

All inquiries will be permitted in accordance with FIG Technical Regulations.

7.6 Withdrawal

Gymnasts who withdraw from the competition without the approval of Organising Committee's doctors will be subjected to annulment of all results they have obtained.

7.7 Jury of Appeal

The Jury of Appeal will comprise the following personnel:

- a. International Technical Delegate (from FIG)
- b. President of Singapore Gymnastics
- c. President or Secretary General of SEAGZONE
- d. Directors of the SEAGZONE Technical Committee
- e. Head or responsible Judge of the apparatus concerned
- f. Competition Director (responsible only for technical preparations)

7.8 Competition Management

The three (3) FIG Technical Delegates for Men's and Women's Artistic Gymnastics and Rhythmic Gymnastics will be appointed by the FIG. The FIG Technical Delegates will serve as the President of the Superior Jury and Management of the competition, together with the three (3) SEAGZONE Technical Committee Directors of the three (3) disciplines. They shall make all the necessary decisions in connection with the competitions.

7.9 Chief Judges, Jury and Judges

Each participating NOC is requested to send in the following number of Judges for each discipline:

- Up to three (3) FIG-accredited Judges for Men's Artistic Gymnastics and up to three (3) FIG-accredited Judges for Women's Artistic Gymnastics
- Up to two (2) FIG-accredited Judges for Rhythmic Gymnastics, and

The condition of Judges will be following:

- Artistic Gymnastics
 - a. NOCs represented by less than three (3) Artistic gymnasts must send at least one (1) Judge of that discipline.
 - b. NOCs represented by three (3) Artistic gymnasts must send at least two (2) Judges of that discipline.
 - c. NOCs represented by an Artistic team of four (4) to six (6) gymnasts must send three (3) Judges for that discipline.
- Rhythmic Gymnastics
 - a. NOCs represented by one (1) Rhythmic gymnast in the Individual Competition and/or a group must send at least one (1) Judge.
 - b. NOCs represented by two (2) Rhythmic gymnasts in the Individual Competition must send two (2) Judges regardless of representation in the Group Competition.

All Judges must be FIG-accredited. Any NOC failing to fulfil this obligation will pay a fee USD 300 per Judge to the Organising Committee.

All Judges must possess the valid FIG Brevet on the 13th FIG Cycle (2013 to 2016).

Participating NOCs shall bear the international transportation cost for its nominated technical officials while SINGSOC will bear costs related to local transport and accommodation for these technical officials. In addition, SINGSOC will also provide per diem for these technical officials.

7.9.1 Obligations of Judges

All Judges have to participate in all Judges' Instructions/Meetings, as scheduled in Section 2.1 – Key Dates and Activities and as communicated by the Competition Management representative during the course of the Games. The selection of Judges for Competitions is made by drawing of lots from all Judges attending the Judges' Meeting. For the Apparatus Finals (Competitions III), only one (1) Judge from each NOC is allowed to judge at the apparatus concerned excluding the 'D' Judges. For Rhythmic Gymnastics, a maximum of two (2) Judges from each NOC is allowed on the panel.

Sporting justice, ethics and honesty are the basis of a fair judgment. All Juries and Judges shall pledge to respect the terms of the Judges' Oath. If a Judge does not abide by his or her Oath, he or she shall incur the risk of being sanctioned as per Status Reg. 28 (Reg. 7.12).

Members of Judges are required to be acquainted with, and have in their possession, the Code of Points, the Technical Regulations and the directions relating to the particular competition. They are required to strictly observe the instructions concerning dress, seating

arrangement, compartment and other disciplinary and organisational matters provided for in the Code of Points.

The above Judges regulations are subjected to change by the FIG Technical Delegate for each discipline if deemed necessary.

7.10 New Elements

To include new elements, each gymnast must submit in advance in writing on the appropriate form prior to the official podium training. These proposed elements will be evaluated by the FIG Technical Delegate and the Superior Jury in accordance with the FIG Technical Regulations.

7.11 Manufacturer Identification/Equipment and Clothing

Equipment used or clothing worn by athletes and other participants at the 28th SEA Games Gymnastics Competition must comply with the FIG Constitution and Technical Rules and with the SEA Games Federation Statutes and Rules. All equipment and apparatuses must have the official approvals of FIG (FIG Certificate) to ensure conformity with ‘Apparatus Norms and Code of Points’ established in respect of the various items of apparatus.

7.11.1 Manufacturer Identification on Sport Equipment

The section below describes key information of the 28th SEA Games Manufacturer Identification (MI) guidelines. For further details, such as how MI should be displayed on each type of listed equipment, please refer to Chapter 11 – Brand Protection in the 28th SEA Games Chef-de-Mission (CDM) Manual. Branding regulations not provided for in the 28th SEA Games Manufacturer Identification (MI) Guidelines shall be covered in the SEA Games Federation Charter and Rules, Appendix 2 – Guidelines on Manufacturer’s Trademark at the Games.

Manufacturer Identification (MI) Guidelines

Manufacturer Identification (MI) refers to the normal display of the name, designation, trademark, logo or other distinctive design of the manufacturer. MI shall not be viewed as commercial branding and/or marketing, but merely as technical recognition of the manufacturer. The MI must not be marked conspicuously for advertising purposes, and shall be located as far as possible (e.g. on opposite ends or on different sides) from the 28th SEA Games marks which should take the most prominent position.

The MI guidelines are applicable to all accredited personnel and items used by the accredited personnel at all 28th SEA Games venues. International Federations (IFs), Asian Federations (AFs), National Olympic Committees (NOCs), National Sports Associations (NSAs), officials, athletes, coaches and sponsors of the aforementioned, manufacturers, suppliers and other parties are not allowed to feature their brands and trademarks on any Attire, Headgear, Footwear, Accessory and Equipment used at the Games, except for the MI that comply in these guidelines.

Any violations of the MI guidelines shall be dealt with by the SINGSOC and the Singapore National Olympic Council (SNOC) accordingly. Minor infringements shall be removed or

concealed. Major infringements may result in the disqualification of an athlete or withdrawal of a personnel's accreditation or any penalty as deemed fit by the SINGSOC.

Coverage of Guidelines

The 28th SEA Games MI guidelines cover Attire, Headgear, Footwear, Accessory, Bag, Equipment and Non-Sport Item. The definitions of each category of items are described below.

Attire refers to apparel worn by athletes, officials, accredited personnel at all Games venues, including, but not limited to, T-shirts, shorts, sweat tops, sweat pants, formal attire, any form of competition attire.

Headgear, footwear and accessory include, but are not limited to, hats, helmets, visors, caps, head bands, goggles, sunglasses, contact lens, gloves, wrist bands, bottles, sweat bands, bandages, socks and shoes.

Equipment refers to all personal, sport-specific requirements provided and used by the athletes; and officials during competition including, but not limited to, score boards, time boards, TV screens, mats, courts, tables, all types of balls, nets, racquets, sticks, cues, poles, hurdles, javelins, discs, weights, bows, arrows, epees, bicycles, ski and wake boards, all types of boats, canoes, kayaks, paddles, oars, sails, life jackets and bags.

Non-sport item include, but are not limited to, pins and badges produced by the NOCs solely for commemorative purposes. The item shall not be sold nor used for any commercial purposes.

Summary of Guidelines

The table below summarises all MI guidelines on sport equipment for the 28th SEA Games.

Products/Items	Manufacturer Identification	
	Usage	Frequency
Attire	Maximum size of 20cm ²	1
Headgear	Maximum size of 6cm ²	1
Footwear	Maximum size of 6cm ²	1
Accessory	Maximum size of 6cm ²	1
Bag	Maximum size of 25cm ²	1
Equipment	Not more than 10% of the surface area of the item or at a maximum size of 60cm ² , whichever is smaller	1
Non-sport item	Not allowed	0

7.11.2 Customs Clearance for Controlled, Prohibited or Restricted Items

The following paragraphs describe the general customs clearance policies for 28th SEA Games. In particular, NOCs are to take note if some of their sport equipment is listed as prohibited, controlled or restricted items:

To expedite clearance of arriving travellers, the Red and Green Channel system is operated at all entry checkpoints. The Red and Green Channel system is a self-elective system. By

electing the green channel, NOCs are deemed to have declared that they do not have anything to declare to the authorities. The Red and Green Channel are located straight after Baggage Claim.

NOCs are required to proceed to the Red Channel to make their declaration if they carry:

- Prohibited items
- Controlled or restricted items
- Taxable or dutiable items exceeding the Goods and Services Tax (GST) Relief or duty-free concession
- Items for which no GST Relief or duty-free concession is granted



At the Red Channel, NOCs should:

- Declare verbally to the Immigration and Checkpoints Authority of Singapore (ICA) officers any of the above items that they are carrying.
- Produce the prohibited or controlled items together with the import permit, if any.
- Identify oneself as participants of the 28th SEA Games.

Games participants who do not carry any of the items stated above should proceed to the Green Channel. However, the officers may still conduct selective checks at the Green Channel. If in doubt, NOCs should seek clearance at the Red Channel.



Information on Controlled and Prohibited Items

Please refer to the following sources for more information on controlled and prohibited items:

- a. SG Travelkaki (IOS & Android app): It contains the information relating to the importation of various items (animals, drugs, medicine, dutiable goods, arms, explosives etc);
- b. FAQ on “Controlled and Prohibited Items under Police Licensing and Regulatory Department (PLRD) and Singapore Police Force (SPF)”: <http://www.spf.gov.sg/licence/AE/FAQ-%20Items.pdf>

7.11.3 Dress

All the participants, coaches and Judges must dress in accordance with the FIG Regulations and Code of Points.

7.11.4 Musical Equipment

Certain disciplines within Gymnastics will be performed with musical accompaniment. The provisions are as follow:

For Women's Artistic Gymnastics, the Floor Exercise has to be performed in its entirety with musical accompaniment with orchestration (but without singing) and piano or one (1) other instrument. The musical accompaniment occurs through CD.

For Rhythmic Gymnastics, all the exercises have to be performed in their entirety with musical accompaniment but very short, and voluntary, stops motivated by the composition are permitted. The music can be played with one (1) instrument or more, used simultaneously or alternatively. Vocal accompaniment is authorised on the condition that the voice is used as an instrument (without words). Details of the manner in which the music can be played, the basic principles for musical accompaniment, and penalties for non-conformity, are contained in the FIG Code of Points.

8 General Rules and Regulations

8.1 Rules

The 28th SEA Games Gymnastics Competition will be conducted in accordance with the Rules of Fédération Internationale de Gymnastique (FIG). In case of a disagreement in the interpretation of rules from versions in different languages, the English text will prevail. Any unforeseen incident not covered by the FIG Rules shall be dealt with accordingly in the following manner:

- a. Technical questions shall be resolved in accordance with the FIG Rules;
- b. Case of general nature shall be resolved in accordance with the SEA Games Federation Charter and Rules. Particularly, the following rules shall have precedence:

8.1.1 SEAGF Rule 30 – General Rules of the SEA Games

To be eligible for participation in the SEA Games, a competitor must comply with the SEA Games Federation Charter and Rules as well as Rule 41 and the By-Law to Rule 41 of the Olympic Charter (Eligibility Code).

8.1.2 SEAGF Rule 31 – Nationality of Competitor

Only nationals of the country of the NOC shall be qualified to represent the NOC in the Games. All disputes relating to the determination of the country, which a competitor may represent in the SEA Games, shall be resolved by the Executive Committee in accordance with the By-Law to Rule 42 of the Olympic Charter (Nationality of Competitors).

8.1.3 SEAGF Rule 33 – Medical Code

- a. The Host Country will ensure the health of all athletes and other participants during the Games.
- b. Anti-Doping Rule Violations as defined by the World Anti-Doping Code is forbidden.
- c. All competitors shall be subject, during the Games, to Doping Control initiated by the SEA Games Federation at any time or place, carried out in conformity with the World Anti-Doping Code and its respective International Standards, as elaborated in the SEA Games Anti-Doping Rules.
- d. Competitors in sports restricted to women must comply with the prescribed tests of sexual determination when so needed.
- e. Any competitor refusing to submit to Doping Control or who is found guilty of an Anti-Doping Rule Violations shall be excluded from the Games.
- f. The principles of exclusion for teams and individuals shall be in accordance with the World Anti-Doping Code.

- g. A medal may be withdrawn by order of the SEA Games Federation Executive Committee on the proposal of the Chairman of the SEA Games Federation Medical Committee.
- h. A Medical Commission within the SEA Games Federation Medical Committee will be set up to implement these Rules; members of which would include external parties and also include members to be nominated by their respective NOCs, as approved by the SEA Games Federation Medical Committee.
- i. The above regulations shall in no way affect further sanctions by the International Federation, World Anti-Doping Authority (WADA) and relevant bodies.

8.1.4 SEAGF Rule 37 – Number of Entries

The maximum number of entries from each nation in each event is fixed by the Federation in consultation with the Host NOC. However, the following numbers cannot be exceeded:

- a. For Individual events, including Singles and Doubles events, there shall only be two (2) entries from each NOC (without reserves) EXCEPT for the sports with weight category, such as all martial arts and combat sports, Bodybuilding, Weightlifting, etc, where there shall only be one (1) entry per weight category or per event from each NOC; and for the sports of Sailing, where there shall only be one (1) entry per event from each NOC.
- b. For Team events, there shall be one (1) team per NOC, and the number of reserves shall not exceed the number of players allowed by the International Federation.
- c. For events where both Team and Individual competitions are conducted at the same time, the competitors for any one (1) NOC cannot win more than two (2) medals in their respective Individual events.

8.1.5 SEAGF Rule 40 – International Federation/Asian Sport Federations

- a. The Organising Committee shall write to the International Federation (IF) concerned for their permission to hold their sport in the Games. If requested by the International Federation concerned, one (1) representative shall arrive at least five (5) days before the beginning of the first event of their sport in order to check the facilities and equipment and arrange the entries, which must conform to its rules and the rules of the SEA Games Federation.
- b. The Organising Committee shall pay the accommodation, meals and local expenses of the IF representative at the established rate of the Organising Committee until two (2) days after the closing of their competition.
- c. In exceptional cases, if for technical reasons the presence of additional delegates is necessary, the appropriate arrangements shall be made with the Organising Committee; the Executive Committee must be previously informed. In case of disagreement, the Executive Committee shall decide.

8.1.6 SEAGF Rule 41 – Technical Officials and Juries of Appeal

- a. The necessary Technical Officials (Referees, Judges, Umpires, timekeepers, inspectors, etc) and a Jury of Appeal for each sport shall be appointed by the appropriate National Federation of the Host Country, which shall direct their work in conjunction with the Organising Committee.
- b. If Technical Officials are needed from the other Member Organisations, to be invited to the Games, the Organising Committee shall seek approval from the Executive Committee. Should the Executive Committee approve the request, the Organising Committee shall pay their expenses for accommodation, meals, and local transport for the whole period of the Games.
- c. The Technical Officials and the members of the Juries of Appeal must have never been professionals in sport.
- d. No Official who has participated in a decision may serve in the Jury of Appeal that reviews it. The findings of the Jury shall be communicated as soon as possible to the Organising Committee and the Executive Committee.
- e. Technical Officials may not live in the Games Villages, but the Organising Committee shall ensure and bear the cost of their living accommodation, including board and local transport facilities.
- f. The Jury of Appeal's decisions on all technical questions concerning its respective disciplinary nature is final. They shall, however, be without prejudice to any further penalty, which may be imposed by the Executive Committee.
- g. The Jury of Appeal shall be composed of a Chairman, which position shall be filled up by the Host Country of the Games with a representative of each member country as members.
- h. The International Technical Delegates to the Games may be appointed ex-officio member of the body and shall act only in an advisory capacity, unless their respective International Federation requires otherwise.
- i. In the event of a dispute or protest relating to technical questions concerning its respective sporting event, representatives of countries in the Jury of Appeal whose countries are involved in the dispute or protest may be allowed to participate in the deliberations, but cannot vote in the resolution of the protest or dispute.

8.1.7 SEAGF Rule 42 – Court of Appeal

The Executive Committee on behalf of the Federation is the Court of Appeal, which will decide finally on all questions concerning the Games. NOCs or the Organising Committee may submit questions to the Court of Appeal. In addition, the Court of Appeal may intervene in all questions of non-technical nature outside the Jurisdiction of the Juries of Appeal set up for each sport in the programme.

8.1.8 SEAGF Rule 43 – Claims and Protests

- a. Claims and protests made to the Judges on the grounds concerning matters of fact are decided by them without appeal. Appeals against other decisions of the Judges or with

regard to any other matter must be addressed to the Chairman of the Jury of Appeal for the sport concerned by a representative of the NOC of the country making the appeal.

- b. For exceptional circumstances, any claim must be made within thirty (30) minutes of the decision giving rise to the claim. The Jury of Appeal after an investigation shall then give a decision and this decision shall be irrevocable, except the case of a disqualification of a team or of a competitor for infraction of the SEA Games Federation, which shall be decided by the Court of Appeal. All claims and appeals must be made in writing.

8.1.9 SEAGF Rule 44 – Penalties in Case of Fraud

A competitor proved fraudulently to have transgressed the Rules and Regulations of the SEA Games Federation, shall be disqualified and lose any position he/she may have gained. If this competitor's NOC is proved to have been a party to the fraud, his/her country shall be disqualified in the sport involved.

8.2 Entries

Entries in each participating NOC must be submitted in accordance with the regulation laid down by the Singapore SEA Games Organising Committee (SINGSOC).

- Deadline for “Entry by Number”

Deadline for submission of Sport Entry Forms by Number is 1 October 2014 at 18:00 hours Singapore time (GMT + 8).

- Deadline for Electronic Sport Entries (eSEQ) Submission

Deadline for submission of eSEQ Forms is 1 April 2015 at 18:00 hours, Singapore time (GMT + 8).

Return Address

Please do not hesitate to contact SINGSOC Sport Entries Section for any additional information you may require regarding the electronic Sport Entries (eSEQ) process.

For all Sport Entries submission, please send to the address provided herewith:

Address	:Singapore SEA Games Organising Committee (SINGSOC) Sport Entries Section Sport Singapore 3 Stadium Drive, Singapore 397630
Telephone	:+65 6500 5372
Fax	:+65 6348 9050
E-mail	: SEAG2015_SPEntries@sport.gov.sg

8.3 Delays, Postponement and Cancellation

Delay, Postponement and Cancellation (DPC) Committee

A Delay, Postponement and Cancellation (DPC) Committee, chaired by SINGSOC Executive Committee Chairman, will be set up for the 28th SEA Games.

Delay

The decision to delay a sport competition will be made by the TD and CM, in consultation with the VM and the Sport Operations Centre (SOC). However, in the event that the competition is scheduled for 'Live' broadcast, the decision will lie with the DPC Committee.

Postponement

The decision to postpone a sport competition will be made by the DPC Committee, in consultation with the SOC, TD, CM and VM.

Cancellation

The decision to cancel a sport competition can only be made by the DPC Committee in consultation with the SEA Games Federation (SEAGF).

9 Doping Control

The Singapore SEA Games Organising Committee (SINGSOC), under the guidance of Southeast Asian Games Federation (SEAGF), will be responsible for the Anti-Doping Programme during the 28th SEA Games. The Anti-Doping Programme will be implemented in accordance with the SEAGF Anti-Doping Rules, the World Anti-Doping Code and its relevant International Standards.

Doping Control stations will be set up at competition venues and at the Village Headquarters Hotel, where in-competition testing will be conducted. The Test Distribution Plan and criteria for athlete selection for each sport will comply with the Doping Control protocol established by the SEAGF and SINGSOC. Doping Control procedures will be implemented according to the WADA's International Standards for Testing and Investigations. Sample analysis will be performed at a WADA-accredited laboratory or as otherwise approved by WADA.

10 Victory Ceremonies

For Gymnastics, prizes are awarded as per following:

For the top three (3) placed individual and teams in the Finals of Individual, Group, Team and Apparatus competitions, every individual or member of the top three (3) teams will each be awarded a Gold medal, Silver medal or Bronze medal for 1st, 2nd or 3rd place finish respectively. In addition, every individual or member of the top three (3) teams will receive a Diploma each.

Victory Ceremonies (VYC) will be held in accordance with the protocol determined by the SEA Games Federation (SEAGF) to honour the individual and team achievements of the winning athletes.

VYC will be held at the respective competition venues following the completion of medal competitions and announcement of the final results. Prior to the commencement of the ceremony, medallists will be ushered to the VYC Holding Area for preparation. They will be briefed by the VYC Team on the ceremony protocol and subsequently escorted to the victory ceremony podium for the medals presentation. Upon completing the formal part of the VYC that includes the playing of the Gold medallist(s)' national anthem, they will be escorted out of the victory ceremony podium area.

Medallists must wear their official uniform or sports dress to attend the ceremony as approved by their Asian/International Federations (AF/IF) and/or the SEAGF. They will take their positions on the podium and face the official stand upon announcement of their names. The Gold medallist(s) will stand on a centred, highest platform. The Silver and Bronze medallist(s) will stand on equal heights, to the right and left of the Gold Medallist(s) respectively.

Flags of the medallists' delegations will be raised while the abridged version of the Gold medallist(s)' national anthem is being played. During the playing of the anthem and the raising of the flags, medallists shall accord due respect and face the flags when they are raised.

11 Approval of Technical Handbook

This Technical Handbook was approved by the Fédération Internationale de Gymnastique (FIG) on 13 March 2015.

Any further amendments to the Technical Handbook shall be circulated via e-mail to the NOCs and uploaded to the NOC Relations Portal.

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