



XVI Panamerican Game Guadalajara 2011
 RhythmicGymnastics 14 al 18 de octubre de 2011
 Trampoline Gymnastics 16 al 18 de octubre de 2011
 Competition program

Date	Time	Sport	Sex	Event
oct-13		RG		Technical Meeting
		RG		JUDGES MEETING
oct-15		RG		Technical Meeting
		TRA	Varonil Femenil	JUDGES MEETING
oct-14	08.00 / 08.55	RG		Podium General warm up individual
	09.00 / 13.30			Podium trainig individual
	12.50 / 13.55			Podium General warm up group
	14.00 / 16.00			Podium trainig of group
oct-15	13.30 / 15.55	RG		General warm up Individual concurs hoop and ball
	16.00 / 17.40			Individual general concurs hoop and ball
	17.40 / 17.59			General warm up Individual concurs clubs and ribbon
	18.00 / 19.40			individual general concurs clubs and ribbon
	19:45			medal ceremonies Individual general concurs
oct-16	08.30 / 09.55	TRA	Women	Warm up Podium women trampoline
	10.00 / 10.50			Podium trainig women trampoline
	09.30 / 10.55	TRA	Men	Warm up Podium men trampoline
	11.00 / 11.50			Podium trainig men trampoline
	13.30 / 15.55	RG		General Warm up general concurs group 5 ball
	16.00 / 16.20			General concurs of group 5 balls
	16.00 / 16.55			General warm up general concurs group 3 ribbon and 2 hoop
	17.00 / 17.20			General concurs of group 3 ribbon and / 2 hoop
17,30	Medal ceremonies general group			
oct-17	14.30 / 17.10	TRA	Men Women	Warm up clasification women and men Trapolim
	16.00 / 16.30	RG		Hoop final
	16.35 / 17.05			Ball Final
	17.15 / 18.45	TRA	Men Women	Clasification women and men Trampoline
	17.30 / 18.55	RG		General warm up final group of 5 ball
	19.00 / 19.20			Group final 5 balls (Exercise 1)
	19,30			Medal ceremonies hoop and ball
oct-18	13.30 / 15.55	RG		General warm up final of clubs and ribbon
	15.10 / 17.10	TRA	Men Women	Warm up women and men finalists Trampoline
	16.00 / 16.30	RG		Clubs Final
	16.35 / 17.05			Ribbon Final
	17.15 / 17.45	TRA	Men Women	Individual Final competition men and women
	17,55			Medal ceremonies Clubs and Ribbon
	16.30 / 17.55	RG		General warm up group group final 3 ribbon / 2 hoop (exercise 2)
	18.00 / 18.20			Individual Final of group 3 ribbon / 2 hoops (exercise 2)
18.30	TRA	Varonil Femenil	Medal ceremonies trampoline	



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	18.45		RG	Medal ceremonies group 3 ribbon / 2 hoops (exercise 2)